

MARCH 6, 2009 • GM PLACE • 800 GRIFFITHS WAY • VANCOUVER, BC • 8:30AM TO 5:30PM

## GAIN THE COMPETITIVE ADVANTAGE IN TURBULENT TIMES



### Dr. MEHMET OZ

### HEALTH AND WELLNESS

Dr. Oz is best known for his many appearances on The Oprah Winfrey Show as a health expert. He is the Vice-Chair and Professor of Surgery at Columbia University and directs the Cardiovascular Institute and Complementary Medicine Program at New York Presbyterian Hospital. His research extends from heart replacement surgery, minimally invasive cardiac surgery to health care policy. He has authored over 400 original publications. In addition, he performs over 350 heart operations annually. Dr. Oz was elected as a Global Leader of Tomorrow by the World Economic Forum, won the prestigious American Association for Thoracic Surgery Gross Research Scholarship and has received an honorary doctorate from Istanbul University.

### PATRICK LENCIONI

### LEADERSHIP

Patrick Lencioni is founder and president of The Table Group Inc., a management consulting firm focused on executive team-development and organizational health. He has authored five business books, including The Five Dysfunctions of a Team, which continues gracing the best-seller lists of The New York Times and Wall Street Journal. His other books include, Overcoming the Five Dysfunctions of a Team: A Field Guide, Death by Meeting and The Four Obsessions of an Extraordinary Executive. In addition to this, Lencioni also consults with executives and world class organizations such as New York Life, Microsoft, Southwest Airlines, Charles Schwab and FedEx, to name a few.



### JAMIE CLARKE THE POWER OF PASSION

Canadian Jamie Clarke's pursuit of Mount Everest is an example of human perseverance. Clarke reached Everest's peak in 1997, after two previous attempts, and this is only the beginning of his adventures. In 1999, he successfully crossed the Arabian Desert becoming the first Westerner to do so in 50 years. He has explored over 40 countries and is the author of two books on his adventures, Everest to Arabia and The Power of Passion. With his magnetic personality and sense of humour, he audiences are glued to his stories and learn about casting fears aside to take the pursuit of their goals to the next level.



### ADRION SMITH

Adrion "PeeWee" Smith brings his powerful personal message to life. Through his own special acronym of being R.A.R.E. Adrion has spent twelve years in the CFL, while accomplishing great feats on the field it has been his exceptional off-field example that has made him a true "star". He uses his own life to inspire, motivate and challenge people in their own life. Adrion "Pee Wee" Smith, a native of Kansas City Missouri played 12 years in the CFL, and 10 years with the Toronto Argonauts. Adrion's career has been highlighted by; 3 Grey Cup victories and the Grey Cup record for the longest kick off return for a touchdown in Grey Cup history. He was the 2003 Interception King leading the CFL with 8, and has made the All-Star team six times. His accomplishments both on and off the field is what has earned him the title of "FAN FAVOURITE".



### CHRIS GARDNER INSPIRATION

Christopher P. Gardner is living proof that dreams can come true. He is the head of his own brokerage firm in Chicago and lives in a Chicago townhouse filled with a collection of tailored suits, designer shoes and Miles Davis albums. Although, his path to success came through extraordinary events. Only 20 years ago, Gardner was homeless and living, on occasion, in a bathroom at a Bay Area Rapid Transit Station. His road to success is documented in his first book, "The Pursuit of Happiness" and recently made its way to film screens starring Will Smith as Gardner. Gardner's inspiring story illustrates how belief in yourself and your dreams can catapult you to success.



### CHRIS HOWARD PERSONAL SUCCESS

Internationally acclaimed Wealth and Lifestyle Strategist, Christopher Howard is a best-selling author, prominent speaker and the owner of Christopher Howard Training. For over a decade, Chris has researched the success strategies of the world's greatest business, philanthropic and spiritual minds. His extensive knowledge is shared through his books, home study courses and public seminars worldwide. As a result, Chris Howard has helped thousands of individuals create the wealth and engineer the lifestyle they truly desire. With operations in the United States, Australia, England, Ireland, Scotland, New Zealand, and further expansion scheduled for Europe, South-East Asia and South America, Christopher Howard Training has become one of the fastest growing personal development and training companies in the world. As a social entrepreneur with a mission to eradicate poverty through education and entrepreneurial means, Chris Howard has established philanthropic operations in four countries through the Christopher Howard Alliance for Global Wealth.



### MIMI DONALDSON BLESS YOUR STRESS - IT MEANS YOU'RE STILL ALIVE

For over twenty years, Mimi Donaldson has captivated audiences, from the Fortune 100 to the just plain fortunate. Her flair leaves audiences feeling that they've just unlocked the secrets to truly authentic and rewarding communication. Donaldson is co-author of Negotiating for Dummies which has been published in six languages including Chinese, Taiwanese, Russian, and German and has sold over 1 million copies worldwide. Her expertise has made her guest on radio programs nationwide and made numerous television appearances. She holds a Masters Degree in Education from Columbia University and was a staff Human Resources Specialist with Walt Disney Company, Northrop Aircraft, and Rockwell International.



### JUDY THOMSON THE POWER OF NETWORKING IN TURBULENT TIMES

Judy Thomson and Gayle Hallgren-Rezac are the co-authors of "WORK THE POND!" Judy is a chartered accountant, trainer and team builder who has held executive positions in human resources and administration with global companies in Canada and Asia. Gayle is an expert on the "art of conversation", a subject she writes and speaks on frequently. Both women are officers for the Shepa Learning Company, their training and development organization. Gayle is chief engagement officer and Judy is chief operating officer for the company. In addition, Judy is vice-chair of The Vancouver Board of Trade's Women's Leadership Circle® advisory board. With a range of expertise, both women will teach you the art of networking.



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Corporate Rate **\$129** +GST

General Seating Registration \$329 SAVE \$200  
Be sure to ask about VIP & Emerald Seating

### GROUP RATE

Purchase 5 Tickets & The 6th Is Complimentary! (Limited time offer)

Call Today! **1.866.886.4775**

## Leadership Development

- Identify and develop leadership qualities from within
- Importance of placing visionary people in positions of responsibility
- Anticipate and embrace global change – a view into the future
- Best practices for effective leadership

## Interpersonal Communication & Negotiation Skills

- Keys to being an effective negotiator
- Identifying the needs of others in order to create “win, win” relationships
- How to overcome resistance and move beyond obstacles
- Develop the art of listening and communicating with purpose

## Marketing & Business Development

- Learn the keys to becoming a “Remarkable” organization in the eyes of key stakeholders
- Increase market share by developing the tools to thrive in a rapidly changing business environment
- How to brand yourself and employees in order to maintain a competitive edge
- Tap into internal creativity and excel in business and client relationship development

## Performance Achievement: Create An Empowering Work Culture

- Maximize employee effectiveness through internal motivation and drive
- How to use humor to diffuse stressful situations
- Managing an inclusive workforce – understand and respect differences
- Team building

## Personal & Life Success

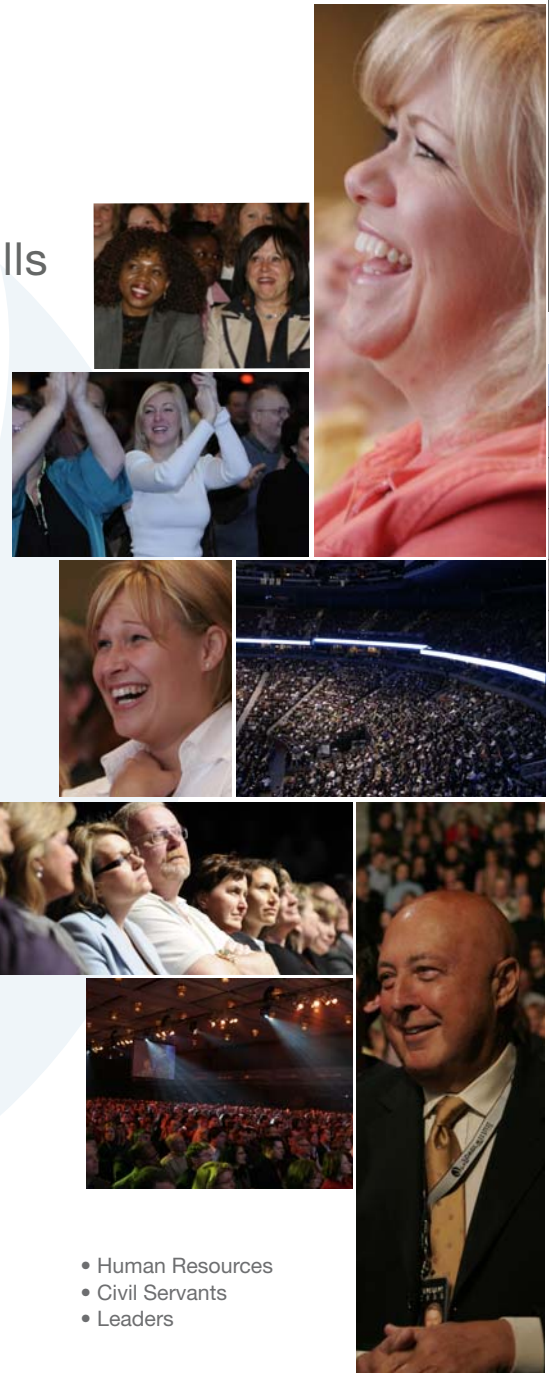
- Living a healthy life while balancing a demanding career
- Tap into your internal power and strength
- Maintain consistency of performance by developing successful habits
- Inspiration, inspiration, inspiration!

## You Will Experience The Following Benefits!

- Leadership Development Skills
- Improved Interpersonal Communication Skills
- Team Building
- Stress Reduction & Increased Productivity
- Energy & Enthusiasm
- Confidence & Certainty About The Future
- Networking With Like-Minded People

## Who Should Attend

- CEOs
- Sales Professionals
- Public Affairs
- Educational Professionals
- Administrative Professionals
- Health & Wellness Practitioners
- Public Relations
- Entrepreneurs
- Managers & Team
- Human Resources
- Civil Servants
- Leaders



## What People Are Saying...

“In technology terms, I have been re-engineered - thank you!”  
Peggy Moore, The Co-operators

“The Power Within Seminar has put the Bounce in the springboard that I have been standing at the edge of!”  
Suzanne Christie, MCC Toronto

“This was by far the most invigorating, fun-filled, mind stimulating event I have ever attended! I truly feel blessed today and empowered to make the changes I need to make in my life. Can't thank you enough for making this happen!”  
Pauline O'Leary - Andre Filion & Associates

“WOW!! What an energizing, wonderful, inspiring day!! Thank you so much!”  
Marcia Bamber

“What I experienced today surpassed my greatest expectations!”  
Diana Rubino, AIM Trimark Investments



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